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LinkAge

(R.O.) "Rohini", 9, Red Cross Road, Egmore, Chennai - 600 008.

A Monthly Journal for Service and Advocacy to all Age Groups, by Senior Citizens Bureau



VOLUME: 14

OCTOBER 2018

ISSUE: 4

'LinkAge' presents

"Celebrating Older Human Rights Champions"
A special publication in commemoration of
WORLD ELDERS DAY 2018





உலக முதியோர் நாள் நல்வாழ்த்துக்கள் 01.10.2018 Warm greetings and best wishes on the occasion of World Elders Day



Invitation - WED - Program 221



NATIONAL SERVICE SCHEME (NSS) ETHIRAJ COLLEGE FOR WOMEN (Autonomous)



70, Ethiraj Salai, Egmore, Chennai - 600 008

SENIOR CITIZENS BUREAU (SCB)

Administrate Office: No. 768/1. 9th Street. Anna Nagar Western Extn., Chennai - 600 101. Ph: 044-26152331; E-Mail: sethuseshan@gmail.com

Solicit your august presence for observing the commemoration of

WORLD ELDERS DAY - 2018

at 09.30 am on 15th October 2018 at Library Auditorium, Ethiraj College for Women

Chief Guest:

Dr. V. KANAGASABAI, M.D.

Vice Chancellar, Bharath University, Chennai

Guest of Honour:

Dr. Tmt. S. BHUVANESWARI

Principal I/C, Ethiraj College for Women, Chennai

Preside Over by:

Thiru T.V. NAGARAJAN

Chairman, Senior Citizens Bureau, Chennai

All are welcome.

Dr. Tmt. Navaneetha Lakshmi Dr. P. Sethu Seshan

Senior Program Officer Ethiraj College NSS

Secretary General Senior Citizen Bureau, Chennai

AGENDA

09.30 am: Registration / Health Monitoring Test by Kauvery Hospital / Tea

09.50 am: Receiving Chief Guest and Guest of Honour

10.00 am to 11.30 am

Invocation

Pledge against Elder Abuse

Welcome address by:

Dr. Tmt. K. NAVANEETHA LAKSHMI, NSS Senior Program Officer, ECW

Honouring the Guests

Honouring Best Sports Student & Deserving Poor Student

Presidential Address by: Mr. T.V. NAGARAJAN, Chairman, SCB

About Theme of "World Elders Day - 2018" by :

Dr. Capt. M. SINGARAJA, Chairman Emeritus, SCB

Releasing "LinkAge" Special and address by the Chief Guest: Dr. V. KANAGASABAI, M.D., VC, Bharath University

Address by the Guest of Honour:

Dr. S. BHUVANESWARI, Principal I/C, ECW

Special address by:

Thiru R. VENKATESAN, IA & AS

Former Secretary, Cabinet Secretariat, New Delhi

Thiru T.V. HARIHARAN

President, Chennai District Small Industries Association, Chennai

Dr. V. CHOCKALINGAM, Consultant Cardiologist, Chennai

Group Photo

11.30 am to 12.30 pm

Cultural program by the NSS students

Vote of thanks by: Dr. P. SETHU SESHAN, Sec. Gen., SCB

National Anthem

Lunch

முதியோருக்கு இழைக்கப்படும் கொடுமைகள் ஒழிய, எடுத்துக் கொள்ளும் உறுதிமொழி

முதியோருக்கு எதிராக, வாய்மொழியாகவோ, வன்முறையாலோ, பொருளாதார ரீதியிலோ அல்லது வேறு எந்த உருவிலோ இழைக்கப்படும் அனைத்து வகை கொடுமைகளையும் அறவே ஒழிப்பேன். அவற்றை முளையிலேயே அடையாளம் கண்டு தடுப்பேன். அதற்காக என் சொந்த முயற்சியில் முழு மூச்சுடன் பாடுபடுவேன். தேவைப்பட்டால் அரசு மற்றும் தொண்டு நிறுவனங்களின் துணையோடு செயல்படுவேன்.

மேலும் முதியோர்களின் உடல் நலத்திற்கும், பாதுகாப்புக்கும், அன்புக்கும், மனவளத்திற்கும், மதிப்புக்கும், மாயாதைக்கும், அங்கீகாரத்திற்கும் மற்றும் அவர்களது ஏனைய தேவைகளுக்கும் இடையூறு ஏற்பட்டால் அவற்றைத் தடுத்து நிறுத்தி பாதுகாப்பேன் என்றும் உறுதி அளிக்கிறேன்.

குறிப்பு: இந்த உறுதிமொழி உலக நாடுகள் அவையின் வழிகாட்டுதல் அடிப்படையில் எழுதப்பட்டது. இதை மூத்த குடிமக்கள் மன்றத்திற்கு கையொப்பமிட்டு அனுப்பவும்.

PLEDGE AGAINST ELDER ABUSE

I hereby solemnly pledge that Iwill not be a party to any type of Elder Abuse, such as, oral, physical, financial, etc. against their needs of any form, as Bilogical, Emotional, Safety, Love, Belongingness, Esteem, Self-fulfilment etc.

Further, I pledge that I will undertake all steps, to detect, intervene, prevent and stop "Elder-Abuse" through my own efforts and if necessary with the help of Govt. and Non-govt. organisations, in an effective manner.

Note: The text of this pledge is based on guidelines of UNO. The pledge may be duly signed and forwarded to Senior Citizens Bureau.

Message from Dr. V. Kanagasabai Vice Chancellor BIHER, Chennai

It gives me immense pleasure in felicitating the Senior Citizen Bureau on the occasion of celebration of International Day of Older Persons 2018. SCB has taken a lot of initiatives to decrease the loneliness of the members by organizing number of group events locally as well as foreign tours. Members



were given free training in using computers and Android phones to cope with modern technology. Physical and mental health issues including prevention and vaccination were taken care. SCB has approached the Government for various relaxations for Senior Citizens. They have also taken special care and provided material support to the inmates of various oldage homes. The office bearers of the bureau are rendering Yeoman services to the elders who have contributed much for the development of nation during their heydays. I wish the forum continue to do their good work which was started in 1996 for many more years to come.

Foreword from the Editor, LinkAge

I am proud and privilleged to bring this month 'LinkAge' Issue, as a newly elected 'Secretary General' of Senior Citizen Bureau. I am glad to inform the member that we are entering into 15th year of publication of our monthly journel 'LinkAge'.



While thanking all the members of SCB,

I would like to take this opportunity to get the blessing of our Chairman Emeritus Dr. Capt. M. Singaraja for all my efforts and activities of SCB in the ensuring year.

I also feel very happy to associate with you all, in celebration of World Elders Day on 15th October 2018.

With best wishes Dr. P. Sethu Seshan, D.Litt. (USA)

Message from Capt. Dr. M. Singaraja

"A demographic revolution is underway throughout the world. Today, there are around 600 million persons aged 60 years and over, worldwide. This number will double by 2025 and will reach two billion by 2050, with the vast majority of older persons in the developing world. In order to recognise the important



contributions that older people made to our world, while raising awareness towards issues of ageing, the United Nations designated 1st Oct as the International Day of Older Persons. The World Health Organization works together with its partners and affiliates to commemorate this day and raise awareness for the continuing challenges facing older people." - WHO.

On 14 December 1990, the UN General Assembly (by resolution 45/106) designated 1st Oct., as the International Day of Older Persons. The Vienna International Plan of Action on Ageing was adopted by the 1982 World Assembly on Ageing and endorsed later that year by the UN General Assembly. In 1991, the General Assembly (by resolution 46/91) adopted the UN Principles for Older Persons. In 2002 the 2nd World Assembly on Ageing adopted the Madrid International Plan of Action on Ageing, to respond to the opportunities and challenges of population ageing in the 21st century and to promote the development of a society for all ages. With this long history behind, Commemoration of 1st Oct is held all over the world to focus on population over 60. The theme declared by UNO FOR IDOP 2018 is "Celebrating Older Human Rights Champions".

SCB is committed to observe the commemoration this day right from its inception in 1996 & to carry forward the welfare measures with its well defined "Mission and Vision". I along with all Senior Citizens Forums have voiced the concerns and challenges of this community from its founding day. But still the National Policy for Older Persons is not announced and enacted by the Central and State Govts. Let us join together and empower ourselves.

Message from R. Venkatesan I.A & A.S, Retired Secretary to the Government of India, Cabinet Secretariat

It gives me great pleasure in felicitating the Senior Citizens Bureau on the occasion of the celebration of the International Day of Older Persons, 2018. As one who was closely associated with the Bureau during its formative stages, I feel gratified to note how consistently the Bureau has pursued its mission and vision over the years, at the same time adapting itself to the changing times and needs.. It has rightly

diversified the range and scope of its programmes. I am sure the present Office Bearers of the Bureau will continue to make it render useful service to senior citizens in the years to come with zeal and commitment and wish them all success.



Message from the Chairman, SCB

I deem it as a great privilege to be the chairman of our Senior Citizens Bureau which was established in the year 1996 and over the years grown to the stature steadily with the active involvement of so many eminent personalities like our Founder Chairman Major General Aban Naidu M/s S.P.Ambrose IAS



(R),R.Venkatesan IA&AS(R), Padma Bushan Dr.Saradha Menon, Dr.T.S.Kanaga,T.V.Hariharan, Padma Shree Dr.V.S.Natarajan, Er.S.Ramalingam,Dr.Capt.Singaraja,our present Chairman Emeritus. We are fortunate to have with us Dr.Capt.M.Singaraja as Chariman Emeritus Whose loyalty, involvement and commitment to our organization are beyond any bounds. I take this opportunity to thank our members for their confidence reposed on me by electing me as the Chairman and I would like to sincerely reciprocate by my dedicated participation with the well defined missions and visions of our organization.

I am immensely happy to inform our members that we are jointly observing the commemoration of World Elders Day with the NSS Ethiraj College Chennai on 15th October 2018.1st October is recognized as the World Elders Day by the United Nations and it was First observed in the year 1991. The day is celebrated every year to make certain the welfare of elderly persons as well as to enroll their significant involvement in the society to get promoted from their knowledge and ability. The idea behind the observance of the day is to raise a global awareness of the issues which affect the elders as well as appreciate their contribution towards society.

At this juncture I would like to share some of the thoughts as I always feel that growing older does not diminish a person's inherent dignity and fundamental rights. Ageing is part of life to all of us and no one can escape from it. Elders are people who deserve to be respected for the experiences that they have gained over the years. Common grace and manners are to treat our elders with dignity and respect. Sadly instead of treating our elders with appreciation and the respect they deserve, many are often either too busy or simply dismiss them and their contributions to their community and family. With the advancement in health care sciences people living longer and therefore it is increasingly important that we recognize the importance of supporting the Senior Citizens. We should create awareness amongst young people to respect the elders and to acknowledge their long term contributions to their families and to the society. I also personally feel that the expertise and the experience of Senior Citizens when shared with younger generation could boost the economic productivity.

Finally I once again thank all the members and look forward to their active participation in all our programmes. I heartily wish you all a long healthy and peaceful life.

With Regards T.V.Nagarajan

International Day of Older Persons 1 October 2018

All generations have duty to protect rights of ageing society – UN expert

GENEVA (27 September 2018) – The UN Independent Expert on the enjoyment of all human rights by older persons, Rosa Kornfeld-Matte, pays tribute to all those human rights advocates and heroes of everyday life for their passionate struggle to bring about change in the lives of older people. To mark the International Day of Older Persons on 1 October, she issues the following statement:

"In the midst of a demographic revolution, the work of older human rights champions is more important than ever. We all are duty bound to ensure that future generations – our children and grandchildren – as they grow older, are seen as valuable contributors to society. Young people, those in positions of power today, need to realise that they too will age. It is for them to shape older people's reality and the future they want. They need to champion this change if they want to escape ageism, discrimination and the denial of human rights in older age.

I pay tribute to all human rights champions, old and young, who tirelessly and passionately stand up for human rights. They insist that untenable conditions be addressed with the proper mix of measures and interventions, in law and in practice, to empower older persons and spur their participation. This is evidence for hope. We need to continue and redouble these efforts.

The future I want includes older people as integral parts of society; older persons actively participating in the formulation and implementation of policies that directly affect their well-being; sharing their knowledge and skills with younger generations; older persons enjoying all their human rights.

To make this a reality, I call on States to step up their efforts to strengthen the protection of the human rights of older people. While it is for them to determine the best way in doing so, I call on them to consider the various proposals that have been made, including the elaboration of a dedicated instrument on the rights of older persons."

This year is the 70th anniversary of the Universal Declaration of Human Rights, adopted by the UN on 10 December 1948. The Universal Declaration – translated into a world record 500 languages – is rooted in the principle that "all human beings are born free and equal in dignity and rights." It remains relevant to everyone, every day. In honour of the 70th anniversary of this extraordinarily influential document, and to prevent its vital principles from being eroded, we are urging people everywhere to Stand Up for Human Rights: www.standup4humanrights.org.

2018 UNIDOP Celebrates Older Human Rights Champions



On this 70th anniversary of the Universal Declaration of Human Rights (UDHR), the United Nations International Day for Older Persons (UNIDOP) celebrates the importance of this Declaration, and reaffirms the commitment to promoting the full and equal enjoyment of all human rights and fundamental freedoms by older persons.

Growing older does not diminish a person's inherent dignity and fundamental rights.

Almost 40 years following the adoption of UDHR, issues of human rights for older persons were taken up in 1991 in the formulation of the United Nations Principles for Older Persons, which provided guidance in the areas of independence, participation, care, self-fulfillment and dignity.

A decade later, the Madrid International Plan of Action on Ageing (MIPAA), adopted in 2002, represented the first time Governments agreed to link questions of ageing to other frameworks for social and economic development and human rights. The interdependence between older persons' social integration and the full enjoyment of their human rights cannot be ignored, as the degree to which older persons are socially integrated will directly affect their dignity and quality of life.

The 2018 theme of UNIDOP is "Celebrating Older Human Rights Champions". What better way to

celebrate this Day than by celebrating the older people around the world who dedicate their lives to championing human rights?

Older human rights champions today were born around the time of the adoption of the UDHR in 1948. They are as diverse as the society in which they live: from older people advocating for human rights at the grass root and community level to high profile figures on the international stage. Each and every one demands equal respect and acknowledgement for their dedication and commitment to contributing to a world free from fear and free from want.

The 2018 theme aims to:

- · Promote the rights enshrined in the Declaration and what it means in the daily lives of older persons;
- Raise the visibility of older people as participating members of society committed to improving the enjoyment of human rights in many areas of life and not just those that affect them immediately;
- Reflect on progress and challenges in ensuring full and equal enjoyment of human rights and fundamental freedoms by older persons; and
- Engage broad audiences across the world and mobilize people for human rights at all stages of life.

SENIOR CITIZENS BREAU

Proceedings of 16th Annual General Body Meeting (Program 219) Date & Venue: 14th Sep 2018 at 10 am, Sukha Nivas Hotel Mylapore

- With the opening remarks of the Chairman MR. C. N. Prasad the AGM was called to order. He extended a warm welcome to the members.
- 2. Minutes of the 15th AGM held on 24.6.2017 at Ethiraj College were taken as read and adopted unanimously.
- After presentation of the Annual Report & budget for the Financial year ending 31.3.2019, the audited accounts read by Mrs. Nirmala, Treasurer was adopted unanimously.
- Appointment of Auditor John Morris
 Co with same remuneration as last year was approved unanimously.
- Minutes of the Executive Meeting of SCB held at Andhra Chamber of Commerce Conference all Chennai at 18 Hrs on Friday 17th August 2018 were approved.
- 6. Chairman Emeritus Capt Dr M. Singaraja, read out the nominations for the vacant posts received from the EC. There was no additional nominations. He declared the vacant posts nominated by the EC are unanimously elected. He then introduced the New Chairman Thiru T. V. Nagarajan, Thiru P. Sethuseshan General Secretary and Thiru T. V. Nandakumar Joint Secretary. The general body unanimously co-opted Thiruvalarkal Sampath Kumar, Parasuraman and Chandrasekaran as EC members.
- 7. The Chairman Emeritus thanked the outgoing chairman Mr C. Nagendra Prasad and his team for the good work done. He extended a warm welcome to incoming chairman Thiru T. V. Nagarajan and his team and wish them all the best.
- 8. Thiru Nagarajan thanked all the members for the faith and trust shown to elect him as the Chairman of this prestigious Senior Citizens Bureau and assured that he will try his best to do full justice with his team.



Felicitation by an active member



New committee is in full swing



A Section of Audience

Minutes of the celebration of Sweet - 23 (Program 220) Date & Venue: 14th Sep 2018 at 11:30 am, Sukha Nivas Hotel Mylapore.



Group photo of new committee members

- 1. The outgoing Chairman Thiru C Nagendra Prasad extended a warm welcome to the Chief Guest Thiru Edwin Babu, JD, Help Age India and to the participants.
- 2. Chairman Emeritus Capt Dr. M. Singaraja, in his introductory speech, explained the most impressive service being rendered us Help Age India and the various activities of SCB jointly executed with them. Help Age India is a Pillar of strength and role model for all the NGOs. He appreciated the heart rendering flood relief works in the remote areas of Idukki District by Help age India headed by Thiru Edwin Babu.
- 3. Chief Guest Thiru Edwin Babu, JD Director Programmes Help Age India TN State Chennai 10 gave an inspiring and impressive talk on the relief work undertaken by his Team during the recent unprecedented Kerala Floods especially in elevated areas with the considerable difficulty where other relief agencies dared not to venture. They preferred only plains easily accessible. He also brought out an important point regarding the difficulties faced by the authorities to distribute the huge relief materials of all kinds stocked in the collector's office premises of the affected districts due to inadequate infrastructure of Logistics. As a result though more than required

- materials for relief were available they could not reach the required places due to this lacuna. This point is very relevant for future relief works.
- 4. Thiru Edwin speech was highly motivating to undertake our efforts to pay back for the welfare of the society.
- 5. Chairman emeritus Capt. Dr. M. Singaraja, gave his concluding talk. He became highly emotional while pointing out the gruel difficulties and hurdles faced by his team during earlier days and how they struggle to over come the same and brought up the bureau to the present popular and reputed state now at his 23rd year. He therefore requested all the members to work towards the development of the Bureau through undertaking various service to the society showing our gratitude. He wished all the new office bearers all success.
- 6. List of Members contributed to the Kerala Flood Relief is read out. All the donors were appreciated for their large heartedness.
- 7. The meeting came to conclusion with the vote of thanks proposed by Thiru S. Jayakumar Secretary General and national anthem.
- 8. Everybody enjoyed the Lunch hosted by the outgoing Chairman MR. C. N. Prasad.

SENIOR CITIZENS BREAU MINUTES OF EC MEETING FOR THE MONTH OF SEP-2018

Date & Venue: 14th Sep 2018 at 2 pm, Sukha Nivas Hotel Mylapore.

- In the opening remarks the Chairman While Welcoming & Thanking all the members thanked for the faith shown in him and by electing unanimously. He assured to do his best to do full justice for the faith shown by them.
- He also while paying rich tributes to the founder members and other like Capt. Dr. M. Singaraja, who had toiled so much facing so many hurdles and difficulties to bring up to this level crossing 23 years. The emotional attachment to the Bureau of Chairman emeritus could very well be realised and appreciated.
- 3. Therefore to bring up the Bureau to much higher level systematic planning and suitable strategy to be adopted, with short and long term planning besides attending to the immediate issues such as renewing the license of the Bureau through focused attention thereby avoiding the penalty and likes.
- 4. One of the EC members Thiru R. T. Namasivayam and Secretary will concentrate on this aspect by proper approach.
- Next issue is to retain the registration of linkage publication through submission of relevant forms duly filled up to the registrar of News Papers of India once in three years promptly. Secretary & Joint Secretary will attend to this with Thiru Namasivayam.
- 6. Next, certain policy decisions were taken as per the advice of Chairman emeritus.
- a. International old elders day falling on 1st October 2018 to be celebrated at Ethiraj College Auditorium for a no of advantages Secretary to attend to this by fixing the date as per the availability of the Venue, Chief Guest, Snacks Lunch, entertainment and other usual aspects Chairman & Secretary incharge of the events.
- b. Linkage publications to be changed from monthly to quarterly due to a no of advantages not with standing the loss of stamp value concession.
- Further the present format to be changed Demi size and in the form of Book let containing 8 -16 pages cost benefit could be achieved by during away with







Service providers are honoured by chief guest

the art paper and more useful subjects could be covered.

d. Same way EC meetings to be held quarterly to reap the benefits of larger participation of members, coverage of more subjects including the current ones and likes

Rs. 500/-

- e. Decided to conduct the quarterly EC meeting one month before the quarterly meeting so that effective discussions are possible on the decision taken during the EC meeting.
- f. Further decided to fix the venues for the EC meeting and Quarterly meetings on permanent basis thereby overcoming the issues of locating suitable venues each time.
- g. Same way the dates of the EC meeting & quarterly meeting also to be fixed on permanent basis to reap the benefits by this.
- h. Suggested venue for both the meetings: Sangeetha Hotel Mylapore for a no of advantages such as cost free hall, good quality food, easy approach, Chairman & Secretary to take care of this aspect.
- i. Decided to bring the Linkage Publication coinciding with the International Old Elders day.
- j. Chairman emeritus advised to register at least 10 nos every year.

Acknowledgment

Thanks a lot and God bless you:

1. Dr. Captain M Singaraja

Donation for Kerala Flood Relief Fund:

1 3 3	
2. Sri. Pannerselvam	Rs. 200/-
3. Sri. S. Prabhakaran	Rs. 500/-
4. Sri. Namachivayam	Rs. 500/-
5. Sri. P. Sethu Seshan	Rs. 500/-
6. Sri. C.N. Prasad	Rs. 500/-
7. Mrs. R. Nirmala	Rs. 500/-
8. Sri. Sainath	Rs. 100/-
9. Sri. S. Jayakumar	Rs. 500/-
10. Sri. A.G. Aarumugam	Rs. 2000/-
11. Sri. Chandrasekar	Rs. 500/-
12. M/s. Kalai Printers	Rs. 500/-
Sunshine Fund:	
1. Sri. T.V. Nagarajan	Rs. 500/-
2. Sri. N. Kumaran Thambi	Rs. 500/-
3. Sri. K.P. Chandran	Rs. 200/-
4. Sri. Parasuraman	Rs. 300/-
5. Sri. Sampath Kumar	Rs. 500/-
6. Sri. Padmanabhan	Rs. 500/-
7. Ms. Maria Poosam	Rs. 1071/-
8. Sri. R. Loganathan	Rs. 500/-
9. Sri. K.S. Shanmugam	Rs. 1000/-
10. Sri. K. Jayaraman	Rs. 200/-
11. Sri. C.N. Prasad	Rs. 888/-

Birthdays : October

Wishing you a Cheerful, Peaceful and Prosperous life				
S.No.	NAME (Thiru/Tmt.)	MEMB NO.	DOB	
1	N.Ramlingam	LM:42	01.10.1935	
2	D.V.Raju	LM:409	01.10.1939	
3	Er. S. Murugaiyan	LM:293	03.10.1939	
4	V.Balasubramanian	LM:536	05.10.1929	
5	V. Chellappa	LM:530	05.10.1932	
6	P. Sethu Seshan	LM:866	05.10.1944	
7	VV. Balasubramanian	LM:887	06.10.1934	
8	Lokiah Naidu	LM:825	07.10.1934	
9	Er. P.S. Shankar C.E. (EB)	DM:732	10.10.1942	
10	V.K. Ramgopal (Lion)	LM:770	10.10.1943	
11	P.S. Rajam	LM: 502	10.10.1944	
12	Er. E. Subbarayan	LM:658	10.10.1953	
13	Prof. Dr. R. Baahirathi	LM:582	11.10.1950	
14	V.S. Venugopalan	LM:576	15.10.1928	
15	T.V. Ramamurthy	LM:790	15.10.1933	
16	N.Y. Dhandapani	LM:797	16.10.1939	
17	S.V. Sankaran	LM: 933	16.10.1944	
18	M.S. Varatharajan	LM:776	17.10.1932	
19	A.R. Guru Raja Rao	LM:127	19.10.1936	
20	C.P. Shanmugam	LM:775	19.10.1939	
21	Parvathi Umashankar	LM:755	21.10.1935	
22	V. Jaganathan	LM:535	23.10.1935	
23	M. Chidambaram	LM:577	24.10.1933	
24	Er. V.R. Vaidyanathan	LM: 125	24.10.1934	
25	C.N. Prasad	LM:846	25.10.1930	
26	Dr. D.S. Ramaiah	LM:739	26.10.1927	
27	Er. V. Sudarson	LM:677	30.10.1949	
		o		

Your liberal contribution to Sun Shine Fund is solicited.

National / International Days - October

	,			
01-Oct	International Day of Older Persons	(I)		
02-Oct	Mahatma Gandhi's Birth Day			
	(Intermational Non- Violence Day))	(1)		
02-Oct	Lal Bahadur Sastri Birth Day	(N)		
03-Oct	World Habitat Day	(I)		
04-Oct	World Animal Welfare Day	(I)		
05-Oct	World Teachers Day	(I)		
06-Oct	World Wild animal Day	(I)		
08-Oct	Indian Air Force Day	(N)		
09-Oct	World Post Day	(I)		
11-Oct	Loknayak jay Prakash Narayan Birth Day	(N)		
13-Oct	UN International Day for			
	Natural Disaster Reduction	(I)		
14-Oct	World Standards Day	(I)		
16-Oct	World Food Day	(I)		
16-Oct	World Allergy Awarness Day	(I)		
21-Oct	World Iodine Shortage Day	(I)		
24-Oct	Untied Nation (UN) Day	(I)		
30-Oct	World Thrift Day	(I)		
31-Oct	Anniversary of Indira Gandhi	(N)		
Note: N = National /I = International				



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